



# It Takes a Village: Uganda Summer Newsletter

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## Tabling Success at 2015 AFTA Conference

ITV: Uganda had the privilege of participating in the annual American Family Therapy Academy (AFTA) meeting and open conference. This year's AFTA conference was held in Vancouver, Washington and focused on the theme of Global Ecologies: Connections among Self, Families, Communities, and Cultures.

Hundreds of counselors, therapists, and students from around the world came to participate in four days of forums, plenaries, award presentations, and facilitated networking opportunities.

ITV: Uganda's partners - founder of Bishop Magambo Counsellor Training Institute (BMCTI) Dr. Pascal Kabura and Lewis & Clark School of Education and Counseling Professor and Department Chair Dr. Teresa McDowell - led the first plenary of

the conference, discussing Transnational Relationships in Family Therapy. Using research gained in Uganda and the United States of America, Drs. Kabura and McDowell highlighted the need for transnational practices and considerations in therapy.

ITV: Uganda members volunteered their time to provide information about our goals and current projects to conference attendees. In the course of the conference, attendees donated over 500 dollars to our current projects!

ITV: Uganda would like to thank everyone who spoke to our volunteers and to those who kindly donated.

### 2015 Projects Officially Launched

ITV: Uganda is proud to announce the launch of three new projects; each created with a unique purpose to directly serve Ugandan counselors and their communities.

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### ITV: Uganda Summer Volunteer Opportunities

Interested in ITV: Uganda? Learn more about our volunteer needs and how ITV: Uganda can benefit you!

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# 2015 Projects for Change

Working closely with the founder of Bishop Magambo Counsellor Training Institute (BMCTI), Dr. Pascal Kabura, ITV: Uganda executive members had the opportunity to meet in Portland, OR, in June and discuss the progress made to date in Fort Portal, Uganda. During this time, three distinct opportunities for fundraising in Uganda were launched.

Each of the three projects relies on the continued efforts of counselors and counselors-in-training at BMCTI, and supplementary financial support from our donors.

## EVERY DONATION HELPS!

Support our 2015 projects by logging into [itvuganda.org](http://itvuganda.org)! You can make a one-time donation or show your continued support by making a monthly donation to the project of your choice!

All online donations are received through PayPal in order to protect your information.

Monthly donations can be set up for as little as five dollars a month!

### Lifting As We Climb Program

The 'Lifting as We Climb'

Program allows donors to support the continued education of Ugandans, as well as community members who are interested in the counseling field. Donors have the ability to partially fund a counselor-in-training's Diploma, Bachelors, or Master's degree in Counseling Psychology.

Through BMCTI, students receive the education that helps them heal and empower their communities through counseling. 100% of donations go directly to scholarships that help Ugandans.

### Instructor Support Fund

BMCTI relies heavily on the experience of former graduate students to train counselors-in-training. As the only officially recognized counselor-training program in Uganda, staff retention is integral to BMCTI's survival.

ITV: Uganda has made the commitment to assist by partially funding salaries of instructors at BMCTI throughout the 2015 school



year. \$200 dollars a month provides ¼ of the monthly income for an instructor at BMCTI. ITV: Uganda is dedicated to meeting this monthly goal.

Supplementary income helps relieve some of the financial burden from BMCTI and directly supports Ugandan instructors.

### Community Intervention Fund

Currently the majority of outreach programs in Fort Portal, Uganda are unfunded, surviving only through Ugandan counselors' passion and dedication.

The 'Community Intervention Fund' was created with the intention of helping teenage mothers, as well as supporting HIV+ children in Uganda.

Counselors from BMCTI go directly into communities with these needs and provide counseling interventions and on-the-ground support to those in need. Donations support the travel, therapeutic equipment, and sustainability of these projects.



## Summer Volunteer Opportunities

Looking for a chance to make a positive impact in the lives of others? Join our volunteers in supporting counselors and counselor education in Uganda.

As a non-profit organization, ITV: Uganda looks to volunteers to aid in fundraising efforts, event planning, and performing general organizational tasks.

Volunteers will gain knowledge about social issues in both Uganda and the United States, form connections with community members, and gain firsthand experience in non-profit development.

Contact us today at [www.itvuganda.org](http://www.itvuganda.org) for more information!



## BMCTI AND LEWIS & CLARK COLLEGE COLLABORATIVE EXCHANGE SCHEDULED FOR APRIL 2016

Since 2012, Bishop Magambo Counsellor Training Institute (BMCTI) has been hosting graduate students from Lewis & Clark's Graduate School of Education and Counseling for a 2 week long workshop and cross cultural exchange in Fort Portal, Uganda.

Workshop topics include therapeutic practices in regards to intimate partner violence, addiction, and different theoretical models and interventions. Counselors-in-training and community members from both the USA and Uganda have the opportunity to explore issues of transferability and local knowledge.

Lewis & Clark's International Family Therapy specialty track and BMCTI will be continuing the partnership and cultural exchange in April of 2016; bringing up to 10 graduate students. For more information, please go to the Lewis & Clark College Graduate School of Education and Counseling website for more information!



BISHOP MAGAMBO COUNSELLOR TRAINING INSTITUT (BMCTI) CAMPUS DURING THE APRIL 2014 TRIP

# ITV: Uganda Featured in AAMFT May/June Magazine

If you are a member of the American Association for Marriage and Family Therapy (AAMFT) you have hopefully seen the May/June issue of their publication, Family Therapy Magazine. The most recent issue offered an in-depth view of current transnational considerations and issues in family therapy, and how many of today's marriage and family therapists are handling them.

An article written by ITV: Uganda members highlighted the unique cultural considerations in Uganda; citing past research, including personal accounts from Ugandan counselors, and outlined our goals for supporting the local knowledge base in Uganda.

Opportunities like the one provided by AAMFT help increase global awareness and highlights the amazing work being done by counselors and community members around the world.



## CONTACT ITV: UGANDA

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